SensoLyte® 440 Cathepsin B Assay Kit
*Fluorimetric*

<table>
<thead>
<tr>
<th>Catalog #</th>
<th>AS-72165</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kit Size</td>
<td>100 Assays (96-well plate)</td>
</tr>
</tbody>
</table>

- **Optimized Performance:** This kit is optimized to detect Cathepsin B activity.
- **Enhanced Value:** It provides ample reagents to perform 100 assays in a 96-well format.
- **High Speed:** The entire process can be completed in one hour.
- **Assured Reliability:** Detailed protocol and references are provided.

### Kit Components, Storage and Handling

<table>
<thead>
<tr>
<th>Component</th>
<th>Description</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Component A</td>
<td>Cathepsin B substrate, Ex/Em=354 nm/442 nm upon cleavage</td>
<td>1 mM, 50 μL</td>
</tr>
<tr>
<td>Component B</td>
<td>AMC, Fluorescence Reference Standard, Ex/Em=354 nm/442 nm</td>
<td>1 mM, 10 μL</td>
</tr>
<tr>
<td>Component C</td>
<td>Cathepsin B enzyme, human liver</td>
<td>5 μL</td>
</tr>
<tr>
<td>Component D</td>
<td>Assay Buffer</td>
<td>20 mL</td>
</tr>
<tr>
<td>Component E</td>
<td>Cathepsin B inhibitor Ac-LVK-CHO</td>
<td>100 μM, 10 μL</td>
</tr>
<tr>
<td>Component F</td>
<td>DTT</td>
<td>1 M, 100 μL</td>
</tr>
</tbody>
</table>

**Other Materials Required (but not provided)**

- **96-well microplate:** Black, flat bottom 96-well plate with non-binding surface.
- **Fluorescence microplate reader:** Capable of detecting emission at 442 nm with excitation at 354 nm.

**Storage and Handling**

- Store all kit components at -20°C, except for Component C
- Store Component C at -80°C
- Protect Components A and B from light and moisture.
- Component D can be stored at room temperature for convenience.
**Introduction**

Cathepsin B is a cysteine proteinase belonging to the papain family with broad exo- and endopeptidase activity.\(^1\) It was shown that overexpression of Cathepsin B correlates with metastatic potential and the enzyme is implicated in the ability of tumor cells to invade the extracellular matrix and to metastasize to secondary sites.\(^2,\)\(^3\) Cathepsin B levels are also markedly elevated in a variety of neurological disorders including Alzheimer's disease (AD).\(^4\)

The SensoLyte\(^{®}\) 440 Cathepsin B Activity Assay Kit is a homogeneous assay that can be used to detect the activity of enzyme and for screening of Cathepsin B inhibitors. This kit contains a fluorogenic peptide substrate that upon cleavage with Cathepsin B generates the AMC fluorophore, emitting bright blue fluorescence. The increase in AMC fluorescence is proportional to Cathepsin B activity and can be monitored at excitation/emission=354nm/442 nm.

**Protocol**

**Note 1:** For standard curve, please refer to Appendix II (optional).

**Note 2:** Please use protocol A or B based on your needs.

**Protocol A.** Screening Cathepsin B inhibitors using purified enzyme.

1. **Prepare working solutions.**
   
   **Note:** Bring all kit components to room temperature before starting the experiments.

1.1 **Prepare assay buffer:** Prepare fresh assay buffer for each experiment according to Table 1.

   **Note:** Use this DTT-containing assay buffer in all the following steps.

   **Table 1.** Assay buffer for one 96-well plate (100 assays)

<table>
<thead>
<tr>
<th>Components</th>
<th>Volume</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assay buffer (Component D)</td>
<td>9.95 mL</td>
</tr>
<tr>
<td>1 M DTT (Component F)</td>
<td>50 μL</td>
</tr>
<tr>
<td><strong>Total volume</strong></td>
<td>10 mL</td>
</tr>
</tbody>
</table>

1.2 **Cathepsin B substrate solution:** Dilute Cathepsin B substrate (Component A) 100-fold in assay buffer. Prepare fresh substrate solution for each experiment.

   **Table 2.** Cathepsin B substrate solution for one 96-well plate (100 assays)

<table>
<thead>
<tr>
<th>Components</th>
<th>Volume</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cathepsin B substrate (100X, Component A)</td>
<td>50 μL</td>
</tr>
<tr>
<td>Assay buffer</td>
<td>4.95 mL</td>
</tr>
<tr>
<td><strong>Total volume</strong></td>
<td>5 mL</td>
</tr>
</tbody>
</table>

   **Note:** Dilute substrate according to the amount needed. Save the rest of the 100x substrate solution for future experiments.

1.3 **Cathepsin B diluent:** Dilute the enzyme (Component C) 1000-fold in assay buffer. This amount of enzyme is enough for a full 96-well plate. If not using the entire plate, adjust the amount of enzyme to be diluted accordingly.

   **Note:** Prepare enzyme diluents immediately before use. Do not vortex the enzyme solutions. Prolonged storage or vigorous agitation of the diluted enzyme will cause denaturation. Store the enzyme solution on ice.

1.4 **Cathepsin B inhibitor:** Dilute 100 μM inhibitor solution (Component E) 100-fold in assay buffer to get a concentration of 1 μM. Add 10 μl of the diluted compound into each of the inhibitor control well.
2. **Set up the enzymatic reaction.**

2.1 Add test compounds and diluted enzyme solution to the microplate wells. The suggested volume of enzyme solution for a 96-well plate is 40 µL/well and test compound is 10µL/well.

2.2 Simultaneously set up the following control wells, as deemed necessary:
   - **Positive control** contains the enzyme without test compound.
   - **Inhibitor control** contains Cathepsin B enzyme and inhibitor.
   - **Vehicle control** contains Cathepsin B enzyme and vehicle used in delivering test compound (e.g. DMSO, concentration not to exceed 1%).
   - **Test compound control** contains assay buffer and test compound. Some test compounds have strong autofluorescence and may give false results.
   - **Substrate control** contains assay buffer.

2.3 Using the assay buffer, bring the total volume of all controls to 50 µL.

2.4 Optional: Pre-incubate the plate for 10 min. at assay temperature. Any temperature (the *assay temperature*) from room temperature to 37°C may be used, as long as the subsequent incubations are performed at the same temperature.

3. **Run the enzymatic reaction.**

3.1 Add 50 µL of Cathepsin B substrate solution into each well. For best accuracy, it is advisable to have the substrate solution equilibrated to the assay temperature. Mix the reagents completely by shaking the plate gently for 30 sec.

3.2 Measure fluorescence signal:
   - **For kinetic reading:** Immediately start measuring fluorescence intensity at Ex/Em=354 nm/442 nm continuously and record data every 5 min. for 30 to 60 min.
   - **For end-point reading:** Incubate the reaction for 30 to 60 min. Keep plate from direct light, then measure fluorescence intensity at Ex/Em=354 nm/442 nm.

3.3 For methods of data analysis: Refer to Appendix I.

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**Figure 1.** Inhibition of Cathepsin B activity by Ac-LVK-CHO as measured with SensoLyte® 440 Cathepsin B activity Assay Kit.
Protocol B. Measuring Cathepsin B activity in biological samples.

Note: According to our data, the fluorogenic substrate in this kit can also be cleaved by Cathepsin L. If you want to specifically measure Cathepsin B activity, the enzyme should be isolated by immuno-affinity purification or other methods before measuring its specific activity.

1. Prepare cathepsin containing biological samples.

1.1 Prepare cell extracts:

- Collect cells and wash them several times by PBS.
- Resuspend cells in assay buffer (from Step 2.1) and incubate the cell suspension at 4°C for 60 min.
- Centrifuge the cell suspension for 10 min. at 12,000X g, 4°C. Collect the supernatant and store at -70°C until use.

2. Prepare working solutions.

Note: Bring all kit components to room temperature before starting the experiments.

2.1 Prepare assay buffer: Prepare fresh assay buffer for each experiment according Table 2.1.

Use this DTT-containing assay buffer in all the following steps.

Table 2.1. Assay buffer for one 96-well plate (100 assays).

<table>
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<tr>
<th>Components</th>
<th>Volume</th>
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<tbody>
<tr>
<td>Assay buffer (Component D)</td>
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<td>50 µL</td>
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<tr>
<td>Total volume</td>
<td>10 mL</td>
</tr>
</tbody>
</table>

2.2 Cathepsin B substrate solution: Dilute Cathepsin B substrate (Component A) 100-fold in assay buffer. Prepare fresh substrate solution for each experiment.

Table 2.2. Cathepsin B substrate solution for one 96-well plate (100 assays).

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<td>Total volume</td>
<td>5 mL</td>
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</table>

Note: Dilute substrate according to the amount needed. Save the rest of the 100x substrate solution for future experiments.

2.3 Cathepsin B diluent: If using purified Cathepsin B as a positive control, then dilute the enzyme 1000-fold in assay buffer. Add 40 µl of the diluted enzyme into each of the positive control well.

3. Set up enzymatic reaction.

3.1 Add 5-50 µL of Cathepsin B containing biological sample.

3.2 Set up the following control wells at the same time, as deemed necessary:

- Positive control contains purified Cathepsin B.
- Substrate control contains assay buffer.

3.3 Using the assay buffer bring the total volume of all controls to 50 µL.
3.4 Optional: Pre-incubate the plate for 10 min. at assay temperature. Any temperature (the assay temperature) from room temperature to 37°C may be used, as long as the subsequent incubations are performed at the same temperature.

4. Run the enzymatic reaction.

4.1 Add 50 µL of Cathepsin B substrate solution into each well. For best accuracy, it is advisable to have the substrate solution equilibrated to the assay temperature. Mix the reagents completely by shaking the plate gently for 30 sec.

4.2 Measure fluorescence signal:
   - For kinetic reading: Immediately start measuring fluorescence intensity at Ex/Em=354 nm/442 nm continuously and record data every 5 min. for 30 to 60 min.
   - For end-point reading: Incubate the reaction for 30 to 60 min. Keep plate from direct light. Then measure fluorescence intensity at Ex/Em=354 nm/442 nm.

4.3 For methods of data analysis: Refer to Appendix I.

Appendix I. Data Analysis

- The fluorescence reading from the substrate control well is used as the background fluorescence. This background reading should be subtracted from the readings of the other wells containing substrate. All fluorescence readings are expressed in relative fluorescence units (RFU).

- For kinetics analysis:
  - Plot data as RFU versus time for each sample. If you want to convert RFUs to the concentration of the product of the enzymatic reaction, please refer to Appendix II for establishing a fluorescence reference standard.
  - Determine the range of initial time points during which the reaction is linear. Typically, the first 10-15% of the reaction will be the optimal range.
  - Obtain the initial reaction velocity ($V_o$) in RFU/min by determining the slope of the linear portion of the data plot.
  - A variety of data analyses can be done, e.g., determining inhibition %, $EC_{50}$, $IC_{50}$, $K_m$, $K_i$, etc.

- For endpoint analysis:
  - Plot data as RFU versus concentration of test compounds.
  - A variety of data analyses can be done, e.g., determining inhibition %, $EC_{50}$, $IC_{50}$, etc.
Appendix II. Instrument Calibration

- **AMC fluorescence reference standard:** Dilute 1 mM AMC (Component B) to 10 μM in assay buffer. Do 2-fold serial dilutions to get concentrations of 5, 2.5, 1.25, 0.625, 0.312 and 0.156 μM, include an assay buffer blank. Add 50 μL/well of these serially diluted AMC reference solutions.

- Add 50 μL/well of the diluted Cathepsin B substrate solution (refer to Protocol A, Step 1.1 for preparation).

  Note: The cathepsin substrate solution is added to the AMC reference standard to correct for the absorption from fluorogenic substrate. If multiple concentrations of substrate are used, this step must be performed for each concentration.

- Measure the fluorescence intensity of the reference standard and substrate control wells at Ex/Em=354 nm/442 nm. Use the same setting of sensitivity as used in the enzyme reaction.

- Plot the AMC reference standard curve as RFU (relative fluorescent units) versus concentration as shown in Figure 2.

- The final concentrations of AMC reference standard are 5, 2.5, 1.25, 0.625, 0.312, 0.156, 0.078 and 0 μM. This reference standard is used to calibrate the variation of different instruments and different experiments. It is also an indicator of the amount of final product of the enzymatic reaction.

![Figure 2. AMC reference standard. AMC was serially diluted in assay buffer containing Cathepsin B substrate, and the fluorescence was recorded at Ex/Em=354/442 nm. (Flexstation 384II, Molecular Devices).](image)

References